

Hello, please meet Isaac McKenna



Isaac McKenna Rehabilitation Assistant

North East Based

E isaac@northstarrehab.co.uk

W www.northstarrehab.co.uk

Qualifications / studies

- * MSc Occupational Therapy
- * MSc Health Psychology
- * BSc Psychology and Counselling

Professional Memberships

- * Health and Care Professions Council Registration: OT0965258
- * Royal College of Occupational Therapists No: BT00106506

Clinical experience

Isaac is a dedicated and compassionate Occupational Therapist with experience across mental health, physical health and community settings with an interest in neuro-rehabilitation.

Through practice placements in acute mental health, community palliative care and orthopaedic services, Isaac has gained a strong understanding of rehabilitation pathways and multidisciplinary team working. These experiences have supported the development of skills in assessment, goal setting, and delivering person-centered interventions to promote independence and functional recovery.

In his role of Occupational Therapy Assistant at Priory Hospital, Isaac supported individuals with complex mental health needs, many of whom presented with cognitive and functional difficulties relevant to neurorehabilitation. Responsibilities included assisting in the delivery of structured therapeutic activities, contributing to care planning and monitoring progress through detailed clinical documentation.

As a Support Worker at Oxbridge House Care Home, Isaac worked closely with individuals with learning disabilities, supporting daily living skills and encouraging independence. This role strengthened transferable skills in communication, behavioural support, and adapting approaches to meet diverse cognitive and physical needs.

Interests

Outside of work and study, Isaac maintains an interest in health and wellbeing and values activities that promote both physical and mental resilience. Add activities outside of work. His interests outside of work include watching and playing football, walking, hiking and exploring new places, and playing board and video games with friends and family.

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Safety and Compliance

Enhanced DBS on update service: 001965019974
Professional insurance Policy – RCOT membership
Clean UK Driving License with access to a car for work use.

Mandatory and additional training

Training	Level	Date	Award Body
Health and Safety		20 April 2026	CSTF – H&S Group
Equality and Diversity		20 April 2026	CSTF – H&S Group
Preventing Radicalisation		20 April 2026	CSTF – H&S Group
Infection Prevention & Control	Level 1&2	20 April 2026	CSTF – H&S Group
Information Governance		20 April 2026	CSTF – H&S Group
Fire Safety		20 April 2026	CSTF – H&S Group
Moving & Handling	Level 1 & 2	20 April 2026	CSTF – H&S Group
Resuscitation (Adults)	Level 1, 2 & 3	20 April 2026	CSTF – H&S Group
Conflict Resolution		20 April 2026	CSTF – H&S Group
Safeguarding Adults	Level 1 & 2	20 April 2026	CSTF – H&S Group
Safeguarding Children	Level 1 & 2	20 April 2026	CSTF – H&S Group

Career History

- April 26 - Present** **Rehabilitation Assistant**
North Star Rehab
- Sept 24 - Present** **Student Occupational Therapist**
MSc Occupational Therapy
Teesside University
- 2022 - 2024** **Occupational Therapy Assistant**
Priory Hospital, Middleton St George
- 2020 - 2021** **Support Worker**
Oxbridge House Care Home