

Hello, please meet Dominic Thomson



Dominic Thomson BSc (hons) Associate Rehabilitation Assistant

North East Based

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Professional qualifications

- * BSc (hons) Sport & Exercise Science
- * Level 3 Personal Training
- * Level 2 Gym Instructor

Clinical experience

Dom is an experienced Rehabilitation Assistant who has worked as an Occupational Therapy Assistant over the last five years, supporting people with brain injury and neurological conditions in the community.

He has recently completed a BSc (hons) degree in Sports and Exercise Science from Newcastle University achieving a 2:1. He is also a qualified Personal Trainer with both Level 2 Gym Instructor and Level 3 Personal Training qualifications.

He is confident and comfortable working with clients who have both physical and cognitive impairments and has successfully supported clients with traumatic brain injury who struggle with impulsivity and low motivation.

He is flexible, warm and enthusiastic, and is keen to deliver salient and meaningful activities for his clients and has sourced voluntary opportunities for clients to help them rebuild structure, confidence, and social skills.

He is also skilled at supporting clients with healthy eating, lifestyle management and gym sessions, working towards small, achievable goals to encourage consistency and self-awareness.

Dom finds working closely with clients incredibly rewarding and feels his past experience has strengthened his confidence in using a client-centred approach and the importance of balancing guidance with autonomy, supporting clients while allowing them space to take ownership of their recovery.

He is keen to continue his professional development within the world of specialist neurological rehabilitation in the future and hopes to become a registered allied health professional.

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Interests

Dom is a keen gym goer who loves nothing better than long distance running and undertaking triathlons. He recently completed the Great North Run, the York Marathon and a half-ironman triathlon and is looking forward to finding his next challenge!

Safety and Compliance

Enhanced DBS certificate number 001884899352

Balen Professional insurance Policy Number: ZUR-OTH/25/09/130

Clean UK Driving License with access to a car for work use.

Mandatory and additional training

Training	Level	Date	Award Body
Moving & Handling Training	Level 2	07/10/2025	Click Learning
Conflict resolution	Level 1	07/10/2025	Click Learning
Handling Information - GDPR & Data Protection	Level 1	10/10/2025	Click Learning
Equality and diversity and human rights	Level 1	10/10/2025	Click Learning
Mental capacity act	Level 1	10/10/2025	Click Learning
Fire safety	Level 1	10/10/2025	Click Learning
Health, safety and welfare	Level 1	10/10/2025	Click Learning
Infection prevention and control	Level 1	10/10/2025	Click Learning
Radicalisation & prevent	Level 1	10/10/2025	Click Learning
Lone working	Level 1	10/10/2025	Click Learning
Adult Basic Life Support	Level 1	10/10/2025	Click Learning
First aid	Level 3	08/06/2025	NCL University

Career History

October 25 - Present

Rehabilitation Assistant

North Star Therapy Services Ltd

Sept 22 - June 25

BSc (hons) Sports and Exercise Science degree

Newcastle University

2021 - Present

Occupational Therapy Assistant

Rehabilitate Therapy Ltd

July 19 - Feb 21

Chef

Blacksmiths Gastropub, Everton

Feb 17 - Aug 18

Childcare

Gringley on the Hill

Sept 16 - May 18

Brickwork and farm estate maintenance

J Thomson & Partners, Ranskill