North Star Rehab
Specialist neurological therapy

Hello, please meet
Izzy Kings

Izzy Kings
Rehabilitation Assistant

North East Based

M 07513 230108
E enquiries@northstarrehab.co.uk
W www.northstarrehab.co.uk

Qualifications / studies

* Student Occupational Therapist
* Entering 3rd year at Northumbria University studying BSc (hons) degree in Occupational Therapy

Professional Memberships

* Royal College of Occupational Therapists No: BT00874122 (Student)

Clinical experience

Izzy is a bright and committed student occupational therapist who is due to enter the 3rd year of the BSc (hons) Occupational Therapy degree at Northumbria University in Sept 2025. Having gained nine GCSEs and three A levels / BTECs in Sociology, Health and Social Care and Graphic Design, Izzy is open minded, client centred and creative in her approach to supporting qualified occupational therapists in delivering bespoke treatment programmes.

Izzy has lived experience of loved ones with dementia and progressive neurological conditions, including end of life care. Recent placements undertaken during her occupational therapy training include supporting adults with profound and complex learning difficulties in the community, including forensic learning difficulties. She has also completed a placement in a community based rapid response multi-disciplinary team and understands the role other team members play. She is confident when working alongside clients with a range of physical and cognitive difficulties and has contemporary knowledge of assessing and overseeing provision of home-based equipment.

Interests

When not working or studying, Izzy has a passion for running. She is training for an upcoming 10K and is running her first Great North Run in 2025, raising funds for Dementia Research UK. She also enjoys travelling and has a long list of places on her bucket list! Izzy is dog and cat friendly and is a car driver.

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Safety and Compliance

Enhanced DBS on update service C5820879556
Safeguarding Adults level 1
Safeguarding Children level 1
Clean UK Driving License with access to a car for work use.

Mandatory and additional training

Training	Level	Date	Award Body
Moving & Handling Training	Level 2	18th Oct 2023	A&A training
Easy Read Certificate	-	31st Jan 2024	Oxleas NHS Trust
Conflict resolution	Level 1	21st Jan 2025	NHS HEE
Data security awareness	Level 1	21st Jan 2025	NHS HEE
Equality and diversity and human rights	Level 1	21st Jan 2025	NHS HEE
Fire safety	Level 1	21st Jan 2025	NHS HEE
Health, safety and welfare	Level 1	21st Jan 2025	NHS HEE
Infection prevention and control	Level 1	21st Jan 2025	NHS HEE
Moving and handling	Level 2	21st Jan 2025	NHS HEE
Safeguarding adults	Level 1	21st Jan 2025	NHS HEE
Safeguarding children	Level 1	21st Jan 2025	NHS HEE
Preventing radicalisation	Awareness	21st Jan 2025	NHS HEE
Adult Basic Life Support	Level 1	31st Jan 2025	Northumbria Uni

Career History

June 25 - Present
Rehabilitation Assistant
North Star Therapy Services Ltd

Sept 23 - Present
Student Occupational Therapist
BSc (hons) Occupational Therapy
London South Bank University Sept 23 – June 24
Northumbria University Sept 24 - present

Feb 22 - Present
Customer Services Assistant
Tesco Extra, Hexham

Oct 21 - Feb 22
Weekend Customer Assistant
Clarks Shoe Shop

June 21 - Oct 21
Volunteer
Oxfam Hexham