

Hello, please meet

Naveen Kandivakkam Prabhakaran



Naveen Kandivakkam Prabhakaran BSc, PGC (OT)
Associate Neurological Occupational Therapist

North Cumbria Based

E enquiries@northstarrehab.co.uk

W www.northstarrehab.co.uk

Professional qualifications

- * Bachelors degree: Occupational Therapy
- * Post Graduate Certificate in Occupational Therapy

Professional Memberships

- * Health and Care Professions Council, Registration No: OT38368
- * Royal College of Occupational Therapists No: BT00100495

Naveen is a highly specialist occupational therapist with over 20 years experience in acquired brain injury and functional, physical, cognitive, and vocational rehabilitation. His expertise spans the full continuum of care, from acute hospital settings to community-based rehabilitation. Naveen is registered with the Health and Care Professions Council and is a member of the Royal College of Occupational Therapists and the All India Occupational Therapy Association.

Beginning his career in India, Naveen worked in both mental health and multi-specialty hospital settings before relocating to the UK. In 2004, he joined Trafford General Hospital as a Senior Occupational Therapist, gaining experience in a variety of rehabilitation settings, including community neurorehabilitation, stroke rehabilitation, and orthopaedics.

For the past 17 years Naveen has been a Highly Specialist Occupational Therapist at North Cumbria Integrated Care NHS Foundation Trust in the Acquired Brain Injury Service. In this role, he works within an interdisciplinary team, delivering bespoke occupational therapy assessments and rehabilitation interventions tailored to patients with complex brain injuries. His work involves advising healthcare providers, occupational health services, and regulatory bodies such as the DVLA, ensuring best practices in patient advocacy and rehabilitation.

Naveen is committed to lifelong learning and professional development, having completed specialist post-graduate certifications in PRPP-UK Assessment, MOHO, AMPS, Bobath Assessment and Treatment, and Cognitive Screening. He has also undertaken leadership training and completed modules in Telehealth and Complex Organisational Management at UK institutions.

Hello, please meet

Naveen Kandivakkam Prabhakaran

Clinical expertise and interests

With a holistic approach to rehabilitation, Naveen has extensive experience in treating individuals with acquired brain injuries and complex neurological conditions. He specialises in developing and implementing individualised rehabilitation plans that address functional, physical and cognitive impairments.

His expertise extends to vocational rehabilitation, community integration, fatigue management and sleep hygiene interventions, ensuring patients regain independence and return to meaningful activities. He has a deep understanding of cognitive screening assessments and specialist outcome measures, utilising evidence-based assessment, and treatment models such as PRPP, MOHO, AMPS, and CBT applications in neurological rehabilitation.

Naveen is also experienced in mental capacity assessments and the Mental Health Act, applying his knowledge to support individuals in making informed decisions about their care. His ability to integrate assistive technology and equipment provision into rehabilitation enhances patient outcomes and quality of life. Working collaboratively within interdisciplinary teams, Naveen works to ensure seamless, patient-centred care across acute and community settings.

Outside Interests

When not working, Naveen enjoys spending time outside hiking, cycling, playing cricket and racquet sports and holidays with his family, dog and friends.

Career History

- | | |
|---------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| April 25 - Present | Associate Neurological Occupational Therapist
North Star Therapy Services Ltd |
| Jan 08 - Present | Highly Specialist Occupational Therapist
North Cumbria Integrated Care NHS Foundation Trust
Acquired Brain Injury Service. Carlisle, Cumbria |
| Apr 04 – Dec 07 | Senior Occupational Therapist
Trafford General Hospital. Manchester |
| Apr 02 – Aug 02 | Junior Occupational Therapist
Schizophrenia Research Foundation (SCARF). Chennai, India |
| Feb 01 – Apr 02 | Junior Occupational Therapist
Pavithra Hospital. Chennai, India |