

Hello, please meet Katie Johnson



Katie Johnson Associate Rehabilitation Assistant

North East Based

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Professional qualifications

- * Student Physiotherapist
- * 2nd Year student at Sunderland University studying BSc (Hons) degree in Physiotherapy

Professional Memberships

- * Royal College of Physiotherapists No: S057527 (Student)

Skills and Experience

Katie is an experienced and compassionate student who is currently in her 2nd year of the BSc (Hons) Physiotherapy degree at Sunderland University. She has worked with individuals with neurological rehabilitation needs across education, community and physical activity settings.

Katie has developed her experience in promoting mobility, independence and daily routines through tailored, person centered approaches. Her experience includes delivering inclusive physical activities and rehabilitation style exercises that enhance strength, balance co-ordination and confidence. She is confident working with multidisciplinary teams, collaborating with therapists and other professionals to implement care and support plans effectively.

Katie is highly skilled in maintaining accurate records and documentation, following safeguarding procedures and ensuring safe practice at all times. With strong communication, organisational and interpersonal skills, Katie is able to motivate and support individuals of all ages, whilst fostering independence, wellbeing and improved quality of life.

Interests

Katie is passionate about promoting physical activity, wellbeing, and rehabilitation for individuals of all abilities. She has a particular interest in supporting adults develop independence, confidence, and mobility through tailored, inclusive activities. She enjoys exploring opportunities in community health, therapeutic exercise, and outdoor education, and is committed to using her skills to make a positive impact on the physical and emotional wellbeing of those that she supports.

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Safety and Compliance

Enhanced DBS certificate number 001958450310 (on update service)
Professional insurance Policy – CSP student membership insurance
Clean UK Driving Licence with access to a car for work use.

Mandatory and additional training

Training	Level	Date	Award Body
Moving & Handling Training		May 2026	NHS eLearning via University
Conflict resolution		May 2026	NHS eLearning via University
Handling Information - GDPR & Data Protection		May 2026	NHS eLearning via University
Equality and diversity and human rights		May 2026	NHS eLearning via University
Mental capacity act		May 2026	NHS eLearning via University
Fire safety		May 2026	NHS eLearning via University
Health, safety and welfare		May 2026	NHS eLearning via University
Infection prevention and control		May 2026	NHS eLearning via University
Radicalisation & prevent		May 2026	NHS eLearning via University
Lone working		May 2026	NHS eLearning via University
Adult Basic Life Support		May 2026	NHS eLearning via University
First aid		May 2026	NHS eLearning via University

Career History

July 26 - Present	Rehabilitation Assistant North Star Therapy Services Ltd
Sept 25 - Present	BSc (Hons) Physiotherapy Sunderland University
October 24 – Present	Higher Level Teaching Assistant Hebburn Lakes School, Hebburn
June 24 – Sept 24	Land Activities Specialist and Additional Needs Support Worker Hockey Opportunity Camp, Ontario, Canada
Feb 24 – June 24	Teaching Assistant and SEND 1-1 support Vision of Education & Humly Agency, Hedworth Lane
May 22 – Feb 24	Community Health and Sports Officer Elite PE and Wellbeing, North East
Sept 20 – July 22	Health officer Lead Education, South Shields
